



Beyond Malapscua:-

Even if you're not diving, Malapscua offers a variety of activities to make your stay enjoyable. Here are some of the top things to do:

Activities on Malapscua Island

1. Explore North Beach

Stroll along the powdery white sands of Bounty Beach. Relax with a good book, enjoy the sunset, or take a swim in the clear, turquoise waters.

2. Island Hopping and Snorkeling

Discover nearby islands like Kalanggaman Island, known for its pristine sandbars, and Carnaza Island. Several tour operators offer snorkeling trips around coral reefs with vibrant marine life.

3. Sunset Watching at the Lighthouse or Port

Hike to the lighthouse at the northern end of the island and enjoy panoramic views. The best time to visit is late afternoon to catch the stunning sunset.

4. Visit the Traditional Boat Builders

Observe local craftsmen constructing traditional wooden *bangkas*. It's a fascinating experience to see how these boats are built by hand using age-old techniques.

5. Massage and Wellness Treatments

Unwind with a traditional Filipino massage or spa treatment at beachfront resorts. Many offer services like Swedish, Shiatsu, and aromatherapy massages.

6. Stand-Up Paddleboarding (SUP) and Kayaking

Rent a paddleboard or kayak and explore the calm coastal waters around Malapscua at your own pace.

7. Local Cultural Experience

Interact with friendly locals, learn a few Cebuano phrases, or enjoy a meal with a local family if invited. You may even be serenaded with live guitar music and local rum!

8. Fishing Trips with Local Fishermen

Join local fishermen for an authentic fishing experience. It's a great way to learn traditional fishing methods and enjoy the sea.





9. Yoga on the Beach

Several resorts and yoga instructors offer early morning or sunset yoga classes right on the beach—perfect for relaxing and staying centered during your trip.

10. Kite Flying and Frisbee at North Beach

Logon Beach is a quieter spot where you can enjoy some fun activities like kite flying or playing frisbee with locals.

Places to Eat in Malapascua:

1. Oscar's Bar and Restaurant

Located at Thresher Shark Divers Dive, Oscar's offers an international menu with fantastic views of Bounty Beach. Try their seafood dishes and cocktails.

2. Amihan Restaurant

Known for its wood-fired pizzas and Filipino-inspired dishes. It's an excellent spot for lunch or dinner with a view of the sea.

3. Ristorante Angelina

A go-to spot for Italian cuisine. They serve homemade pasta, pizzas, and delicious gelato.

4. The Craic's House

This Irish-inspired pub serves hearty meals and offers a cozy atmosphere. They are known for their burgers, fish and chips, and cold beers.

5. DiversGems Restro Bar

A budget-friendly favorite offering Filipino/Malaysian food and vegetarian options. It's a great place for local dishes like adobo and pancit.

6. Bakhaw Kiwi

A hidden gem serving a mix of Filipino and Western dishes. It's a great place to enjoy a chilled-out meal with a view of the ocean.

7. Ocean Vida Beach Resort

Known for their hearty breakfast options and bar snacks, they also offer a beachfront bar perfect for sunset cocktails.





9. Street Food Stalls

Explore the local street food scene near the public market. Try grilled seafood, *banana cue* (caramelized bananas), and *halo-halo* (a Filipino shaved ice dessert).

10. Café Bitz

A casual café offering coffee, light meals, and smoothies. It's an excellent spot to chill with a book and a view of the ocean.

Essential Information for Your Stay

- **ATM and Money Exchange:**

There is 5 ATM on the island, but it can be unreliable. It's best to bring cash in pesos, as many smaller businesses don't accept cards. Some resorts and dive shops accept foreign currency, credit cards, or PayPal (with a small fee).

- **Internet and Connectivity:**

Wi-Fi is available at most resorts and restaurants, but speeds may vary. You can also purchase a local SIM card (Globe or Smart) for mobile data.

- **Health and Safety:**

There is no health clinic on the island for basic medical needs. For emergencies, it's advisable to go to Daanbantayan City, where the nearest hospitals are located.

- **Electricity:**

Malapascua operates on 220V with Type A and C outlets. Bring a power bank or adapter, as power outages can happen occasionally.

- **Best Time to Visit:**

The dry season (November to June) is the best time to visit, with sunny weather and calm seas. Avoid visiting during the typhoon season (July to October).

- **Environmental Fees:**

Upon arrival, you will need to pay a PHP 175 environmental fee at Maya Port. A small fee (PHP 20-50) is also charged for luggage handling.

